



Curriculum Coverage and Skills Progression 23/24 **SUBJECT:PSHE**

Core Themes: 1 –**H**Health and Wellbeing 2 –**R**Relationships 3 –**L**iving in the Wider World

Year R	<p>By the end of EYFS our children will be able to:</p> <ul style="list-style-type: none"> • Speak confidently about his/her own needs, wants, interests and opinions. H1 • Show some understanding about elements of healthy living. H2 • Understand how his/her actions affect others. R1 • Confidently try new activities. L1 	
Key Stage 1	<p>By the end of Key Stage 1 our children will be able to:</p> <ul style="list-style-type: none"> • Explain rules for and ways of keeping physically and emotionally safe. H1 • Recognise different types of teasing and bullying, to understand that these are wrong and unacceptable. R1 • Identify a range of feelings and the vocabulary to describe their feelings to others. R2 • Recognise what is right and wrong. R3 • Identify strategies to resist bullying and who to tell and what to say. R4 • Recognise that choices can have good and not so good consequences. R5 • Identify the special people that work in their community. L1 • Identify the different sources and uses of money including concepts of spending and saving. L2 	
	<p>By the end of Year 1 our children will be able to:</p> <ul style="list-style-type: none"> • Understand how some diseases are spread and can be controlled. H2 • Develop simple skills to help prevent diseases spreading. H3 • Talk about what constitutes a healthy life style. H4 • Explain the importance of, and how to, maintain personal hygiene. H5 • Name the main parts of the body. H6 • Communicate their feelings to others. R6 • Identify and respect the differences and similarities between people. R7 • Identify ways in which they are all unique. L1 	<p>By the end of Year 2 our children will be able to:</p> <ul style="list-style-type: none"> • Understand the process of growing from young to old. H2 • Recognise that people and other living things have rights and that everyone has responsibilities. R6 • Explain how their behaviour affects other people. R7 • Recognise what is fair and unfair/ kind and unkind. R8 • Recognise what harms their local environment. L3



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Key Stage 2	By the end of Key Stage 2 our children will be able to: <ul style="list-style-type: none"> • Reflect on and celebrate their achievements, identify their strengths and areas for improvement, set high aspirations and goals. R1 • Share knowledge about change, including transitions, loss, separation, divorce and bereavement. R2 • Identify strategies for keeping safe online; the importance of protecting personal information. H1 • Recognise bullying and abuse in all its' forms. R3 • Recognise and respond appropriately to a wider range of feelings in others. R4 • Recognise and challenge stereotypes. R5 • Understand that there are basic human rights. R6 • Understand what constitutes a positive, healthy relationship. R7 • Listen and respond respectfully to a wide range of people. R8 	
	By the end of Year 3 our children will be able to: <ul style="list-style-type: none"> • Recognise what positively and negatively affects their physical, mental and emotional health. H2 • Recognise opportunities and develop the skills to make their own choices about food, understanding what might influence their choices and the benefits of eating a balanced diet. H3 • Recognise they have a responsibility to the environment. L1 	By the end of Year 4 our children will be able to: <ul style="list-style-type: none"> • Identify differences and similarities between people, and that they arise from a number of factors. R9 • Appreciate the range of national, regional, religious and ethnic identities in the UK. L1 • Identify strategies for keeping safe near water. H2
	By the end of Year 5 our children will be able to: <ul style="list-style-type: none"> • Recognise how images in the media do not always reflect reality and can affect how people feel about themselves. R9 • Understand how their body will, and their emotions may, change as they approach and move through puberty. R10 • Understand why and how rules and laws that protect them and others are made and enforced. R11 • Develop an initial understanding of the concepts of 'interest,' 'loan,' 'debt' and 'tax.' L1 	By the end of Year 6 our children will be able to: <ul style="list-style-type: none"> • Understand what is meant by enterprise and begin to develop enterprise skills. L1 • Know which, why and how, commonly available substances and drugs can damage their immediate and future health and safety; that some are restricted and some are illegal to own, use and give to others. H2 • Demonstrate an understanding of human reproduction. R9